

SPECIFICATIONS

Display:	½"-High LCD shows hours, minutes, seconds, date
Accuracy:	0.01%
Resolution:	1/100 second for first 30 minutes, 1 second after 30 minutes
Timing Channels:	one
Timing Capacity:	23 hours, 59 minutes, 59 seconds – count up
Functions:	single action, time-out, cumulative split, time of day with ¹² / ₂₄ hour format, alarm, and date
Alarm:	Audible alarm sounds for one minute
Attachments:	Lanyard
Clock:	yes
Size:	2.5" x 2.25" x .5"
Weight:	1 oz

Single Action Timing

1. Press MODE button until three flashing bars appear on display under SU, FR, and SA.
2. Press SPLIT/RESET button to clear display to zero. Display should read 0:00 00.
3. Press START/STOP button once to begin count-up timing.
Note: Bars under SU and SA continue to flash throughout timing to 30 minutes. After 30 minutes,

- only bar under SU continues to flash.
4. To stop timing event, press START/Stop button once. Note: Bars continue to flash during time out.
 5. Press SPLIT/RESET button to clear display.

Time-in/Time-out

Stopwatch may be paused at any time during timing event by pressing START/STOP button once. To resume timing, press START/STOP button again. To end timing event completely, press START/STOP, then press SPLIT/RESET to return display to 0:00 00.

Continuous Timing

When timing event lasts longer than 24 hours, stopwatch will roll over to zero and begin counting up again.

Cumulative Split Timing

1. Press MODE button until three flashing bars appear on display under SU, FR, and SA.
2. Press SPLIT/RESET button to clear display to zero. Display should read 0:00 00.
3. Press START/STOP button once to begin timing event.
4. Press SPLIT/RESET once to “freeze” display and take split time reading.
Note: Flashing colon (:) indicates internal clock is still running.
5. Press SPLIT/RESET button again to

- resume timing.
Note: Display instantly updates to show cumulative running time.
6. Any number of split time readings may be taken during a timing event.
 7. To end timing event completely, press START/STOP, then press SPLIT/RESET to return display to 0:00 00.

Timing Two Events

1. Press MODE button until three flashing bars appear on display under SU, FR, and SA.
2. Press SPLIT/RESET button to clear display to zero. Display should read 0:00 00.
3. Press START/STOP button once to begin timing events.
4. Press SPLIT/RESET when first event ends.
5. Press STOP/START when second event ends.
6. Display will show total time of first event.
7. Press SPLIT/RESET one time. Display will show total time of second event.
8. Press SPLIT/RESET to return display to zero.

Set Time of Day and Date

1. Press MODE button until clock mode appears.
2. Time of day will appear. Seconds and bar under TU will flash.
3. Press START/STOP button to set seconds to zero.
4. Press SPLIT/RESET. Minutes will flash. Press

- START/STOP button to advance minutes to desired time.
Note: Press and hold START/STOP button to advance minutes rapidly.
5. Press SPLIT/RESET again. Hours will flash. Press START/STOP button to advance hours to desired time.
Note: Press and hold START/STOP button to advance hours rapidly.
Note: A next to minutes indicates A.M. P next to minutes indicates P.M.
Note: To display time in 24-hour format, press START/STOP button until H appears next to minutes.
 6. Press SPLIT/RESET again. DATE will appear on right-hand side of display. Number will flash. Press START/STOP to advance number to today's date.
Note: Press and hold START/STOP button to advance numbers rapidly.
 7. Press SPLIT/RESET again. Number will flash. Press START/STOP to advance number to desired month.
Note: Press and hold START/STOP button to advance numbers rapidly.
 8. Press SPLIT/RESET again. Bars will flash under days of week (SU, MO, TU, WE, TH, FR, SA). Press START/STOP until bar is flashing under desired day.
 9. When desired time, date, month, and day are set, press MODE to save changes.

10. To view day, date, month on display, in time mode, press and hold START/STOP button.

Set Alarm

1. Press MODE until alarm time appears. Bar under MO and hour number will flash.
2. Press START/STOP button to desired hour.
Note: Press and hold START/STOP button to advance hours rapidly.
3. Press SPLIT/RESET button again. Minute numbers will flash.
4. Press START/STOP button to desired minutes. A next to minutes indicates AM. P next to minutes indicates PM.
Note: Press and hold START/STOP button to advance minutes rapidly.
5. When desired alarm time is set, press MODE to save changes.
6. To view alarm time on display, in time mode, press and hold SPLIT/RESET button.

Set Alarm On or Off

1. To turn alarm on: In time mode, press and hold down SPLIT/RESET button. Alarm time will be displayed. Press START/STOP once – BEEP will sound and alarm symbol will appear in upper right-hand corner of display.
2. To turn alarm off: Press and hold down SPLIT/RESET button again. Alarm time will be displayed. Press START/STOP once – BEEP will sound and

alarm symbol will disappear from upper right-hand corner of display.

3. To turn off a sounding alarm, press either START/STOP or SPLIT/RESET button.

Set Hourly Alarm On or Off

To set alarm to BEEP once on each hour:

1. Press MODE until time of day is displayed.
2. Press and hold SPLIT/RESET.
3. Press MODE until all bars show SU MO TU WE TH FR SA .
4. Release SPLIT/RESET button.
5. Alarm will BEEP only one time each hour.
6. To turn off alarm on the hour, press and hold SPLIT/RESET. All bars will appear. Press MODE one time – all bars will disappear.

Set Snooze Function On or Off

1. When alarm is sounding, press START/STOP. Alarm will stop sounding.
2. After 5 minutes, alarm will begin to sound again.
3. Press START/STOP to reset snooze function to sound again in 5 minutes.
4. To turn off snooze function completely, press SPLIT/RESET when alarm is sounding.

All Operational Difficulties

If this stopwatch does not function properly for any reason, please replace battery with a fresh high-quality battery (see BATTERY REPLACEMENT section). Low battery power can occasionally cause

any number of “apparent” operational difficulties. Replacing battery with a fresh battery will solve most difficulties.

Battery Replacement

An incorrect display, no display, or operational difficulties indicate that battery should be replaced. To replace battery: remove six screws on back of unit. Loosen screw on BATTERY CLIP so clip can slide to gain access to battery. Removed depleted battery. Install fresh battery in appropriate position so that + side of battery is visible. Replace BATTERY CLIP. Replace back of unit. Replace six screws and tighten securely. Replacement battery 357 button cell.

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